



## STRTP

The VTR Short Term Residential Therapeutic Program (STRTP) accepts male residents ages 13-17 and non-minor dependents ages 18-21 from most counties in California. The VTR STRTP serves up to 32 residents living in three homes at the ranch. Trained and professional staff provide 24 hours of care and supervision. VTR STRTP helps to enhance the youth's psychological safety, well being, and resilience by utilizing a combination of trauma informed interventions, treatment practices, and education to accomplish its goals. Through life changing relationships, mentorship, activities, and experiences, youth are reunified with their families or transition to independent living.

### POPULATION SERVED

- Probation (600), Dependent Youth (300), AAP
- Youth who are emotionally disturbed (DSM 5/10 Diagnosis) and/or require psychotropic medication
- Youth who have a history of Substance use
- Social and behavioral problems, such as truancy, runaway, defiance, temper outbursts, self-destruction, aggressive, etc.
- Delinquent Court Wards, with problems such as shoplifting, malicious destruction, breaking and entering, grand theft auto, burglary, assault & battery, gang affiliation, etc.

### SERVICES

- Substance Abuse—Seeking Safety
- Gang Intervention and Victim Empathy
- Anger Management—Dialectical Behavior Therapy Skills and Mindfulness Based Stress Reduction Group
- Social Skills—New Freedom Curriculum
- Independent Living Skills—Workforce Connections
- Family Therapy
- School Options: Independent Studies, Mainstream, Alternative Education, SPED Services



Building a foundation for life.

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